

FREE TRAINING WORKSHOP!

For Child Care Professionals



**TEACHING CHILDREN
SELF-REGULATION**
September 16, 2010
6:30pm—8:00pm
Weld County Training Center
1551 N 17th Ave
Presenter: Judy Pierson, M.A.

Learning to self-regulate behavior is a developmental process that is influenced by society, stress and life style. Creating calm environments and teaching life skills can promote self-regulation. Participants will develop an awareness of the developmental process of self-regulation. Techniques for identifying behavior triggers and tools for calming behaviors will be explored.

Judy Pierson, M.A. is a certified family and consumer scientist (CFCS) and an early childhood specialist. Her experience includes family childcare, center-based childcare, teaching pregnant and parenting teenagers, training of childcare providers, parent education classes and teaching college courses in early childhood education and childhood nutrition. She is a mother of two and has five grandchildren.

Todos los talleres seran traducidos en espanol. Cuando usted se registre, por favor indique que necesitara traduccion. (All training workshops will be translated into Spanish. When you RSVP, please indicate if translation will be needed.)

Register now!

Although the training is free, registration is required! Please contact Vanessa Blair 970-304-6188, vblair@unitedway-weld.org Thank you!



Department
of Human Services



CDI Head Start
Serving Weld County



Weld District of CAEYC



United Way of Weld County

Promises for Children
Weld County's Early Childhood Council

Directions to the training:



This training will be held at
Weld County Training Center
1104 H Street

From Highway 34

- Head East on Highway 34
- Turn left on either 35th Ave or 11th Ave
- Follow directions for each route

From 35th Ave

- Head North on 35th Ave
- Turn right on O Street, heading East
- Proceed 1 1/2 miles on O street
- Turn right on North 17th Ave, heading South
- Continue down North 17th Ave
- Turn right into the parking lot just before the stop sign at H street and 11th Ave

From 11th Ave

- Head North on 11th Ave
- Turn left on H Street, heading West
- Proceed to the first entrance on the right hand side of H street
- Turn right
- Turn right at the first intersection
- Turn right at the Stop sign

Up Coming Trainings

Training Date	Training Topic	Core Knowledge Domain	Presenter	Training Hours	Cost	Training Location
October 9, 2010 9:00am – 12:00noon	The ABC's of Positive Guidance	Social Emotional	Teri Emberling	3.0	FREE	Weld County Training Center 1104 H Street
October 21(?) 6:15pm – 7:45pm	Cavity Free Kids	Health, Safety & Nutrition	HS TAC-12 T/TA – Karen Zamudio	1.5	FREE	Fort Lupton Recreation Center 203 S. Harrison
November 18, 2010 6:30pm – 8:00pm	Language & ELL	Child Growth & Development	Anne Ramirez	1.5	FREE	Weld County Training Center 1104 H Street
December 16, 2010 6:30pm – 8:00pm	Special Needs	Developmentally Effective Approaches	Berlyn Clear	1.5	FREE	Weld County Training Center 1104 H Street
January 20, 2011 6:30pm – 8:00pm	Kindergarten Readiness	Developmentally Effective Approaches	Peggy & Panel	1.5	FREE	Weld County Training Center 1104 H Street
February 2, 2011 6:30pm – 8:30pm	Dinner Conversations	Variety of Topics	Variety of Professionals	2.0	FREE	NBCE 901 54 th Ave Greeley, CO 80634

SPECIAL NOTES:

- Please turn off cell phones prior to the start of the training.
- We begin each workshop with a pre-assessment and end each workshop with a post-assessment, as required by the grants funding the workshops. Please allow yourself plenty of time on either side of the workshop hours.
 - Pre-assessments are used to draw the names for the Door Prizes!
 - Post-assessments are collected and exchanged for a certificate of training hours