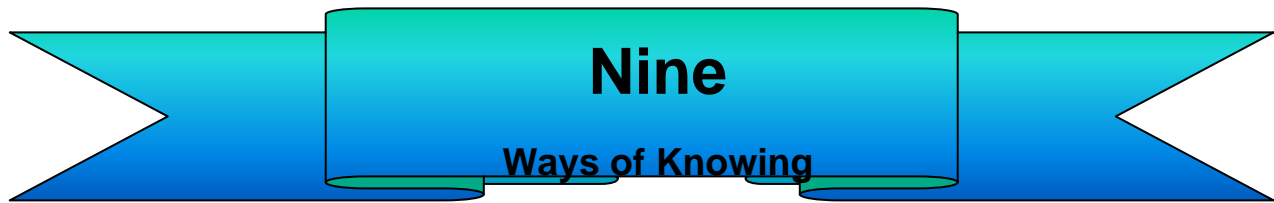


Multiple Intelligences



Linguistic Intelligence

This intelligence, which is related to words and language, written and spoken, dominates most Western educational systems.

Logical/Mathematical Intelligence

Often called "scientific thinking", this intelligence deals with thinking and reasoning around numbers, and the recognition of abstract patterns.

Visual/Spatial Intelligence

This intelligence relies on the sense of sight and ability to visualize objects; this includes the ability to create internal mental images/pictures.

Bodily Kinesthetic Intelligence

This intelligence is related to physical movement and the knowing/wisdom of the body, including the brain's control of bodily motion.

Musical/Rhythmic Intelligence

This intelligence is based upon the recognition of tones, including various environmental sounds, and upon a sensitivity to rhythm and beats.

Interpersonal Intelligence

This intelligence operates primarily through person-to-person relationships and communication.

Intrapersonal Intelligence

This intelligence relates to inner states of being, self-reflection, and awareness of spiritual realities, e.g., thinking about thinking.

Environmental Intelligence

This intelligence is related to nature, such as knowing about trees, plants, animals, rocks, etc. It's about knowing how to care for our planet.

Intuitive Intelligence

This intelligence relates to the "sixth sense" knowledge inside of you. This intelligence allows us to sense that something is happening or will happen.

Multiple Intelligences Summary



Each of us has all of the 9 intelligences



We each have particular strengths (proclivities)



Intelligences work together



We learn effectively through our proclivities



Our multiple intelligences are functional in our real lives

Interests and Hobbies

Interests	Multiple Intelligences
1.	
2.	
3.	
4.	

Hobbies	Multiple Intelligences
1.	
2.	
3.	
4.	

Comments:

Multiple Intelligences Survey Instructions

This is not an empirical "test". The intent of the survey is to provide you with some basic awareness of the concept of Multiple Intelligences from the rating of your own activities. For each of the nine intelligences, there are two activities. These activities are representations of the various intelligences.

- 1) For each of the two activities for each intelligence, you will self-rate how you "feel" about (like) the activity. You will use a scale of 1 to 5. A rating of "1" indicates that you did not enjoy doing that type of an activity. A rating of "5" means that you highly enjoyed doing that type of activity. Indicate how you "felt" about the activity by circling the appropriate number.
- 2) If you have any comments to make about how you felt about your involvement in any one or more of the activities, or the whole Multiple Intelligence Survey itself, please make them in the comments section.
- 3) You will need a pencil and blank paper for these activities.

Multiple Intelligences Survey

Name: _____

Date: _____

		Didn't like		Okay		Really Liked
1. <u>Visual-Spatial</u>	_____					
Activity #1	_____	1	2	3	4	5
Activity #2	_____	1	2	3	4	5
2. <u>Musical</u>						
Activity #1	_____	1	2	3	4	5
Activity #2	_____	1	2	3	4	5
3. <u>Logical-Mathematical</u>						
Activity #1	_____	1	2	3	4	5
Activity #2	_____	1	2	3	4	5
4. <u>Bodily-Kinesthetic</u>						
Activity #1	_____	1	2	3	4	5
Activity #2	_____	1	2	3	4	5
5. <u>Interpersonal</u>						
Activity #1	_____	1	2	3	4	5
Activity #2	_____	1	2	3	4	5

6. Intrapersonal

	Didn't like		Okay		Really Liked
Activity #1	1	2	3	4	5
Activity #2	1	2	3	4	5

7. Linguistic

Activity #1	1	2	3	4	5
Activity #2	1	2	3	4	5

8. Intuitive

Activity #1	1	2	3	4	5
Activity #2	1	2	3	4	5

9. Environmental

Activity #1	1	2	3	4	5
Activity #2	1	2	3	4	5

Comments:

Multiple Intelligences Survey

Trainer Guidelines

1. Visual-Spatial

Activity #1: Calf's face

Activity #2: Draw a horse

2. Musical

Activity #1: Do you like to sing?

Activity #2: Provide a beat with your hands to rhythmic song

3. Logical-Mathematical

Activity #1: Boxes problem. Show card with "3-2-4". Say the following, "I have 3 boxes. Inside each of the 3 boxes there are 2 boxes. Inside each of the 2 boxes there are 4 boxes. How many boxes are there in all?" Answer = 33

Activity #2: Fraction problem. Show card with " $\frac{1}{2} \times \frac{1}{4}$ ". Answer = 2

4. Bodily-Kinesthetic

Activity #1: Paper plates; toss with one hand, catch with the other

Activity #2: Tippy toes; on one leg, tippy-toe up and down

5. Interpersonal

Activity #1: Story of going to a party

Activity #2: Sharing; pair off, what do you like to do in free time

6. Intrapersonal

Activity #1: What are three things you want to learn?

Activity #2: My Message to the World

7. Linguistic

Activity #1: Define the word – "octogenarian". Answer = an 80 year old person.

Activity #2: Create a two-line poem that rhymes, e.g., Rose are red, violets are blue. Everyday, I love you so true.

8. Intuitive

Activity #1: "Hide" one coin in palm (penny, dime, quarter)

Activity #2: What is the trainer's favorite color?

9. Environmental

Activity #1: Bring a plant and pass it around so everyone can see it and touch it. Then, ask the question: "Do you like to care for plants?"

Activity #2: Do you like to go camping?

Developed by CARE for the Colorado statewide Parent Coalition

Activities to Support the Intelligences

Linguistic

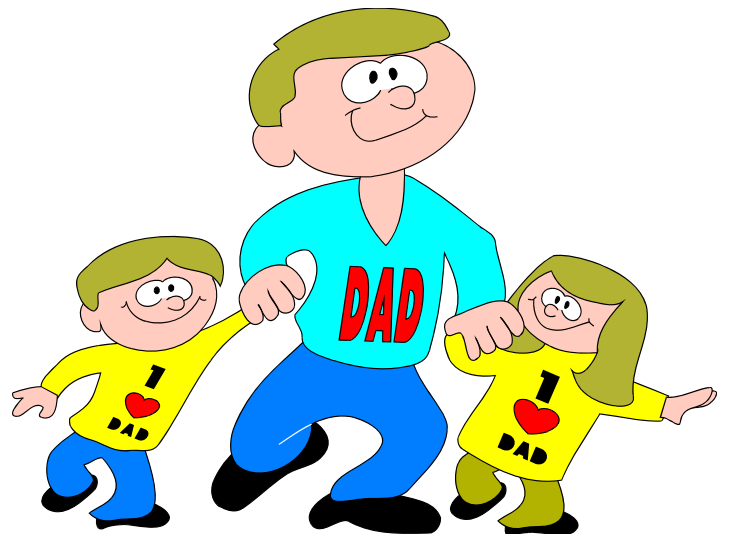
- ✧ Play word games that involve understanding the order and meaning of words: scrabble, jumbles, crossword puzzles, Wheel of Fortune, hangman.
- ✧ Have your child explain to you or teach you something she/he has learned.
- ✧ Tell each other jokes and teach your child about puns.
- ✧ Play memory games, trivia games, vocabulary flash cards.
- ✧ Read and tell stories to each other.
- ✧ Get a book of poems and read to each other, then make up some of your own.

Visual/Spatial

- ✧ Play games that require the use of visual memory skills: Pictionary.
- ✧ Play "I'm thinking of something and its color or shape is..."
- ✧ Practice doing something in your imagination before you do it, such as a piano recital or a sports activity.
- ✧ Make up a story in which the members of your family are the heroes, and draw pictures to illustrate it.
- ✧ Ask you child to draw images or symbols, including colors, to express feelings.
- ✧ Play blindfold games: lead each other around blindfolded and guess where you are, Pin the Tail on the Donkey.

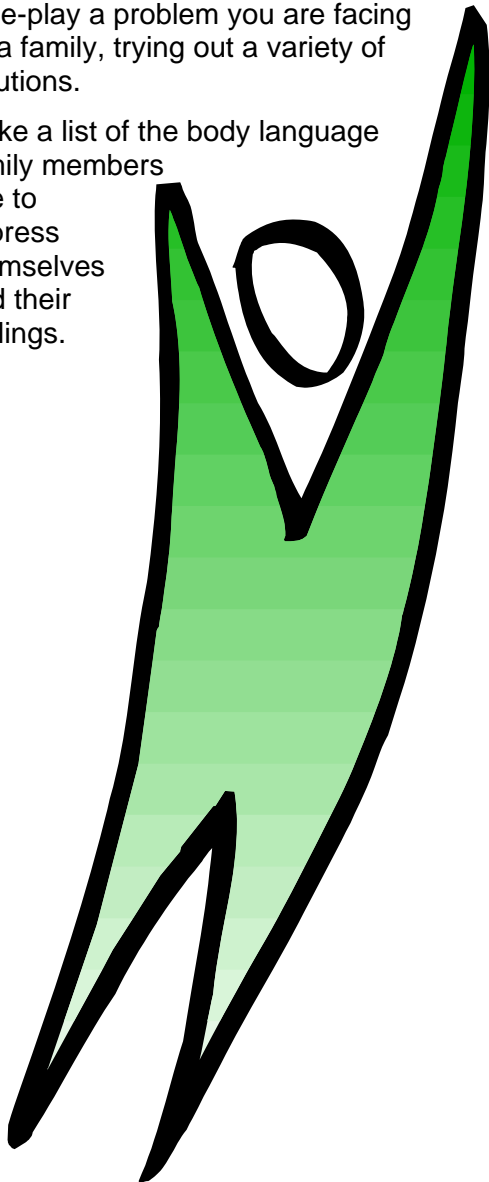
Logical/ Mathematical

- ✧ Play guessing games that involve logical thinking: Clue, Jeopardy.
- ✧ Play games that require seeing patterns: Rummy Cube, cards.
- ✧ Play games that involve the development of a strategy to win: Monopoly, Battleship, checkers, tic-tac-toe, chess.
- ✧ Brainstorm a list of possible solutions to a family problem, then prioritize the list.
- ✧ Play guess the pattern of, for example, a sequence of numbers, a grouping of objects, a set of words, a list of people or places.



Bodily-Kinesthetic

- ✧ Play games that require physical movement and the use of the body: Twister, charades.
- ✧ Learn sign language together.
- ✧ Make up a dance or drama about your family's history.
- ✧ Learn and teach each other dances.
- ✧ Create a family exercise routine together.
- ✧ Role-play a problem you are facing as a family, trying out a variety of solutions.
- ✧ Make a list of the body language family members use to express themselves and their feelings.



Environmental

- ✧ Go on nature walks with family. Identify the trees, plants, flowers in your neighborhood, the park, the mountains.
- ✧ Find all of the "wild" animals in your neighborhood, such as squirrels, birds, prairie dogs, raccoons.
- ✧ Play games while picking up trash. Talk about how it can be recycled.
- ✧ Talk about the weather patterns and seasons.
- ✧ Look at the sky at night. Find the constellations.

Intuitive

- ✧ When working with a difficult problem, play around with possibilities.
- ✧ Tell yourself that you are sensitive to your flashes of insight.
- ✧ Practice making quick decisions on minor matters, such as, giving yourself 10 seconds to choose clothing you want to buy.
- ✧ Practice making predictions, going with the first thought that comes to mind.
- ✧ Listen for your children's intuition, feelings about people and places.
- ✧ After brief meetings with strangers, try to describe them in detail.

Musical/Rhythm

- ✦ Make a list of the different kinds of music family members like.
- ✦ Write a song about your family using a popular tune.
- ✦ Play music recognition games: Name Tune.
- ✦ Discuss the use of music in TV shows, such as to create tension in detective stories or to signal that something funny is about to happen.
- ✦ Put certain family rules to music and rehearse them by singing the songs.
- ✦ Learn songs and sing them together: popular songs, Christmas carols, religious songs.

Intrapersonal

- ✦ Play games that require you to focus mentally: Concentration, card games such as Go Fish or Hearts.
- ✦ Have your child tell you how she/he approached a homework assignment.
- ✦ Have each member of the family keep a journal or diary of her or his thoughts and feelings; give some time each week for people to share what they want to.
- ✦ Have each family member create an emblem or symbol, then tell the rest of the family about it.
- ✦ Practice "watching yourself" doing routine things: washing dishes, cleaning, homework, and so on.

Session 1, Handout #5, page 3

Interpersonal

- ✦ Play various communication games: Gossip, Telephone.
- ✦ Create a family project in which each member has a part to complete.
- ✦ Role-play what to do when there is disagreement in the family.
- ✦ Give each other supportive and clarifying feedback on some personal achievement or goal.
- ✦ Teach and practice giving positive encouragement to each member of the family.
- ✦ After watching a TV show or movie, see if you can guess what each member of the family thought about it.



Student Intelligence Watch

How many of these behaviors can you find in your children?

- Doodling while talking on the phone.
- Humming quietly while working on something.
- Precision in thought and language.
- Difficulty sitting still or staying in one place.
- Very quiet and self-reflective.
- Creative ideas, suggestions, and answers.
- Body gestures and physical movements in expressing self.
- Tapping a foot or pencil while working.
- Relentless question-asking, curious.
- Good at listening and communicating with others.
- Likes to work with his/her hands.
- Good in sports, well coordinated.
- Has a sense of how people feel or what will happen in the future.

What are My Child's Multiple Intelligences?

Name:

Date:

1. Linguistic Intelligence:

2. Logical-Mathematical Intelligence:

3. Visual-Spatial Intelligence:

4. Musical Intelligence:

5. Bodily-Kinesthetic Intelligence:

6. Interpersonal Intelligence:

7. Intrapersonal Intelligence:

8. Intuitive Intelligence:

9. Environmental Intelligence

Comments: